

# READY Framework Lesson Plans

Adults and parents | All ages | Gamified AI evaluation lessons

AI literacy for adults means understanding AI well enough to make informed decisions at home and work. You do not need a technical background. You need to ask better questions, spot weak outputs, protect privacy, and model responsible use.

## Updated READY wording

Letter	READY step	What it means
<b>R</b>	<b>Recognize AI all around you</b>	Look for AI in search engines, recommendations, voice assistants, maps, apps, writing tools, image tools, and more.
<b>E</b>	<b>Evaluate outputs</b>	Ask yourself, "Do I need to use AI for this?" Then check accuracy, usefulness, fairness, privacy, and source quality before using the output.
<b>A</b>	<b>Apply skills you have learned</b>	Use AI as a tool, not a shortcut. Follow your school, workplace, or family guidelines and use your own judgment.
<b>D</b>	<b>Develop more skills</b>	Keep practicing, reflecting, improving prompts, and learning how AI systems work.
<b>Y</b>	<b>You</b>	You are in charge of how you use AI. You own your decisions, credit AI when needed, protect privacy, and use AI ethically.

## What is included

Resource	Details
<b>1 full lesson</b>	45 minutes with 5 gamified checkpoints
<b>5 mini-lessons</b>	15 minutes each, one per READY step
<b>Gamification</b>	Points, badges, team challenges, and ranks
<b>Teacher notes</b>	Facilitation guidance throughout
<b>Progress tracker</b>	Adult learner self-assessment sheet

# The READY Challenge

Full lesson | 45 minutes | Adults and parents | All ages

Checkpoint	READY focus	Prompt and activity
<b>1</b>	R = Recognize AI all around you  Teacher note: Adults often trust AI content because it sounds professional.	Prompt: A realistic AI-generated email about a school policy change with 1 error and 1 misleading claim.  Activity: Identify where AI may have shaped the message. Highlight anything that seems off. Discuss as a group.
<b>2</b>	E = Evaluate outputs  Teacher note: Health misinformation is a major challenge.	Prompt: AI health advice: 5 foods that cure anxiety. Mixes real science with unverified claims.  Activity: Identify supported versus exaggerated claims. Ask, "Do I need to use AI for this?" Discuss verification sources.
<b>3</b>	A = Apply skills you have learned  Teacher note: Applies to shopping, news, and social media.	Prompt: AI product review that is actually a disguised advertisement.  Activity: Use the skills from READY to list 3 signs of hidden promotion. Discuss how algorithms shape what you see.
<b>4</b>	D = Develop more skills  Teacher note: This is a practical checkpoint for parents.	Prompt: Your child asks AI to help with homework. AI writes a full paragraph.  Activity: Write a script for the conversation with your child. Add one question you would ask next time.
<b>5</b>	Y = You  Teacher note: Adults need portable tools they can use quickly.	Prompt: Your workplace starts using AI to draft reports.  Activity: Create a personal READY checklist with 5 quick questions. Keep it on your phone or desk.

# Mini-Lesson 1: Recognize AI all around you

15 minutes | Adults and parents | All ages

<b>Objective</b>	Recognize where AI shows up in everyday content, tools, and recommendations.
<b>Activity</b>	AI Around Us Audit: list 10 places AI may shape what you see, read, buy, or search.
<b>Gamification</b>	AI Spotter Challenge: teams earn 1 point for each valid AI example.
<b>Badge</b>	AI Spotter Badge
<b>Facilitator note</b>	Build awareness before evaluation.

# Mini-Lesson 2: Evaluate outputs

15 minutes | Adults and parents | All ages

<b>Objective</b>	Evaluate an AI output before acting and ask, "Do I need to use AI for this?"
<b>Activity</b>	Fact Check Drill: verify 10 AI statements in 10 minutes using trusted sources.
<b>Gamification</b>	Speed Verify: first team to correctly verify 5 claims wins.
<b>Badge</b>	Verification Pro Badge
<b>Facilitator note</b>	Same skill you want children and students to learn.

# Mini-Lesson 3: Apply skills you have learned

15 minutes | Adults and parents | All ages

<b>Objective</b>	Apply privacy, accuracy, fairness, and attribution skills to realistic AI situations.
<b>Activity</b>	Scenario Workshop: sort 6 scenarios into use, revise, verify, or do not use.
<b>Gamification</b>	Skill Stack Challenge: earn 1 point for naming the skill used in each decision.
<b>Badge</b>	Responsible User Badge
<b>Facilitator note</b>	Application is where AI literacy becomes behavior.

# Mini-Lesson 4: Develop more skills

15 minutes | Adults and parents | All ages

<b>Objective</b>	Reflect on AI use and identify one skill to strengthen next.
<b>Activity</b>	Prompt Revision Lab: improve a weak prompt and compare the output before and after.
<b>Gamification</b>	Revision Round: vote on the clearest improved prompt.
<b>Badge</b>	Skill Builder Badge
<b>Facilitator note</b>	READY should become a habit that improves over time.

# Mini-Lesson 5: You

15 minutes | Adults and parents | All ages

<b>Objective</b>	Own your decisions and model responsible AI use for others.
<b>Activity</b>	Family or Workplace AI Agreement: draft 5 rules for responsible AI use.
<b>Gamification</b>	Agreement Exchange: swap and role-play conversations.
<b>Badge</b>	AI Guide Badge
<b>Facilitator note</b>	A printed agreement makes the conversation concrete.

# My READY Progress Tracker

Adults and parents | All ages

Name: \_\_\_\_\_ Date: \_\_\_\_\_

READY step	Complete each time you practice	Reflection note
<b>R - Recognize AI all around you</b>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	_____
<b>E - Evaluate outputs</b>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	_____
<b>A - Apply skills you have learned</b>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	_____
<b>D - Develop more skills</b>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	_____
<b>Y - You</b>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	_____

My rank: \_\_\_\_\_ My badge: \_\_\_\_\_

Facilitator signature: \_\_\_\_\_