

READY Framework Lesson Plans

Adults and parents | All ages | Gamified AI evaluation lessons

AI literacy for adults means understanding AI well enough to make informed decisions at home and work. You do not need a technical background. You need to ask better questions, spot weak outputs, protect privacy, and model responsible use.

Updated READY wording

Letter	READY step	What it means
R	Recognize AI all around you	Look for AI in search engines, recommendations, voice assistants, maps, apps, writing tools, image tools, and more.
E	Evaluate outputs	Ask yourself, "Do I need to use AI for this?" Then check accuracy, usefulness, fairness, privacy, and source quality before using the output.
A	Apply skills you have learned	Use AI as a tool, not a shortcut. Follow your school, workplace, or family guidelines and use your own judgment.
D	Develop more skills	Keep practicing, reflecting, improving prompts, and learning how AI systems work.
Y	You	You are in charge of how you use AI. You own your decisions, credit AI when needed, protect privacy, and use AI ethically.

What is included

Resource	Details
1 full lesson	45 minutes with 5 gamified checkpoints
5 mini-lessons	15 minutes each, one per READY step
Gamification	Points, badges, team challenges, and ranks
Teacher notes	Facilitation guidance throughout
Progress tracker	Adult learner self-assessment sheet

The READY Challenge

Full lesson | 45 minutes | Adults and parents | All ages

Checkpoint	READY focus	Prompt and activity
1	R = Recognize AI all around you Teacher note: Adults often trust AI content because it sounds professional.	Prompt: A realistic AI-generated email about a school policy change with 1 error and 1 misleading claim. Activity: Identify where AI may have shaped the message. Highlight anything that seems off. Discuss as a group.
2	E = Evaluate outputs Teacher note: Health misinformation is a major challenge.	Prompt: AI health advice: 5 foods that cure anxiety. Mixes real science with unverified claims. Activity: Identify supported versus exaggerated claims. Ask, "Do I need to use AI for this?" Discuss verification sources.
3	A = Apply skills you have learned Teacher note: Applies to shopping, news, and social media.	Prompt: AI product review that is actually a disguised advertisement. Activity: Use the skills from READY to list 3 signs of hidden promotion. Discuss how algorithms shape what you see.
4	D = Develop more skills Teacher note: This is a practical checkpoint for parents.	Prompt: Your child asks AI to help with homework. AI writes a full paragraph. Activity: Write a script for the conversation with your child. Add one question you would ask next time.
5	Y = You Teacher note: Adults need portable tools they can use quickly.	Prompt: Your workplace starts using AI to draft reports. Activity: Create a personal READY checklist with 5 quick questions. Keep it on your phone or desk.

Mini-Lesson 1: Recognize AI all around you

15 minutes | Adults and parents | All ages

Objective	Recognize where AI shows up in everyday content, tools, and recommendations.
Activity	AI Around Us Audit: list 10 places AI may shape what you see, read, buy, or search.
Gamification	AI Spotter Challenge: teams earn 1 point for each valid AI example.
Badge	AI Spotter Badge
Facilitator note	Build awareness before evaluation.

Mini-Lesson 2: Evaluate outputs

15 minutes | Adults and parents | All ages

Objective	Evaluate an AI output before acting and ask, "Do I need to use AI for this?"
Activity	Fact Check Drill: verify 10 AI statements in 10 minutes using trusted sources.
Gamification	Speed Verify: first team to correctly verify 5 claims wins.
Badge	Verification Pro Badge
Facilitator note	Same skill you want children and students to learn.

Mini-Lesson 3: Apply skills you have learned

15 minutes | Adults and parents | All ages

Objective	Apply privacy, accuracy, fairness, and attribution skills to realistic AI situations.
Activity	Scenario Workshop: sort 6 scenarios into use, revise, verify, or do not use.
Gamification	Skill Stack Challenge: earn 1 point for naming the skill used in each decision.
Badge	Responsible User Badge
Facilitator note	Application is where AI literacy becomes behavior.

Mini-Lesson 4: Develop more skills

15 minutes | Adults and parents | All ages

Objective	Reflect on AI use and identify one skill to strengthen next.
Activity	Prompt Revision Lab: improve a weak prompt and compare the output before and after.
Gamification	Revision Round: vote on the clearest improved prompt.
Badge	Skill Builder Badge
Facilitator note	READY should become a habit that improves over time.

Mini-Lesson 5: You

15 minutes | Adults and parents | All ages

Objective	Own your decisions and model responsible AI use for others.
Activity	Family or Workplace AI Agreement: draft 5 rules for responsible AI use.
Gamification	Agreement Exchange: swap and role-play conversations.
Badge	AI Guide Badge
Facilitator note	A printed agreement makes the conversation concrete.

My READY Progress Tracker

Adults and parents | All ages

Name: _____ Date: _____

READY step	Complete each time you practice	Reflection note
R - Recognize AI all around you	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	_____
E - Evaluate outputs	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	_____
A - Apply skills you have learned	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	_____
D - Develop more skills	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	_____
Y - You	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	_____

My rank: _____ My badge: _____

Facilitator signature: _____